

Pizzas	Portion Size	Calories	Fat	Saturated Fat	Trans Fat	Cholesterol	Sodium	Carbohydrates	Dietary Fibre	Sugars	Protein	Vitamin A	Vitamin C	Calcium	Iron
		(kcal)	(g)	(g)	(g)	(mg)	(mg)	(g)	(g)	(g)	(g)	(% DV)	(% DV)	(% DV)	(% DV)
Recipe Name															
Bacon & Vegetable Pizza (Get the Good Stuff)	1/ 6 slice (198 grams)	336	11	5	0	27	778	40	2	4	19	27	22	34	5
Cheese Pizza (Get the Good Stuff)	1/ 6 slice (128 grams)	269	7	4	0	14	661	38	2	3	14	21	2	34	3
Chicken Supreme Pizza (Get the Good Stuff)	1/ 6 slice (192 grams)	357	12	6	0	38	903	41	2	5	22	57	42	36	11
Hawaiian Pizza (Get the Good Stuff)	1/ 6 slice (170 grams)	300	7	4	0	19	832	43	2	7	17	22	5	35	4
Mushroom & Sun-Dried Tomato Pizza (Get the Good Stuff)	1/ 6 slice (158 grams)	299	7	4	0	14	882	45	3	7	16	23	8	35	11
Vegetable Calzone (Get the Good Stuff)	252 grams	492	11	3	0	5	944	79	5	8	19	33	27	13	5
Bacon Mushroom Pizza	1/ 6 slice (158 grams)	477	22	9	0	55	1047	40	2	4	29	22	2	34	8
BBQ Chicken Chipotle Vinaigrette Salad	197 grams	149	6	2	0	31	463	12	4	2	14	219	43	10	24
BBQ Chicken Pizza	1/ 6 slice (176 grams)	344	8	4	0	32	974	48	2	10	21	24	8	34	10
Cajun Pizza	1/ 6 slice (196 grams)	435	18	9	0	61	1071	42	3	5	27	25	35	40	12
Chicken Broccoli Pizza	1/ 6 slice (184 grams)	364	13	5	0	34	852	41	2	4	21	22	35	34	11
Chicken Fajita Pizza	1/ 6 slice (170 grams)	342	11	6	0	44	1056	39	2	2	21	37	17	34	9
Deluxe Pizza	1/ 6 slice (180 grams)	325	11	5	0	24	847	40	2	4	17	22	13	34	5
Focaccia Dipper - Tomato	1 each	261	12	4	0	23	767	30	2	4	9	17	7	16	2
Garden Vegetable Pizza	1/ 6 slice (168 grams)	282	7	4	0	14	663	41	2	5	15	28	32	34	4
Garlic Chicken Calzone	220 grams	592	15	5	0	50	1131	78	5	6	35	28	3	30	9
Ham Calzone	220 grams	564	15	5	0	28	1565	78	4	6	28	25	2	29	4
Jerk Chicken Pizza	1/ 6 slice (156 grams)	311	7	4	0	32	1146	40	2	2	21	43	2	34	10
Mushroom & Cheese Calzone	242 grams	568	16	6	0	20	1144	79	5	7	27	47	3	32	5
Mushroom & Pepperoni Pizza	1/ 6 slice (152 grams)	322	11	5	0	24	847	39	2	4	17	22	3	34	5
Pepperoni & Grilled Onion Calzone	272 grams	733	30	11	0	47	1646	83	5	9	34	60	7	36	7
Pepperoni Pizza	1/ 6 slice (138 grams)	316	11	5	0	24	846	39	2	3	16	22	2	34	4
Pico Pizza	1/ 6 slice (152 grams)	314	12	5	0	21	928	39	2	4	14	29	17	34	5
Quattro Formaggio Pizza	1/ 6 slice (144 grams)	393	19	9	0	40	738	37	2	3	19	62	8	46	4
Roasted Vegetable Pizza	1/ 6 slice (174 grams)	299	9	4	0	14	663	41	2	5	15	31	33	34	4
Sicilian Style BBQ Chicken Pizza	1/ 6 slice (152 grams)	329	7	4	0	32	985	46	2	10	21	30	5	34	10
Sicilian Style Meatball Pizza	1/ 6 slice (158 grams)	369	15	7	0	40	933	42	2	3	20	22	2	35	20
Western Style Calzone	246 grams	636	19	6	0	262	1534	84	5	10	31	93	33	27	21

Please Note: The nutritional information provided is for the serving size listed, based on adherence to the recipe, as developed and tested by our culinary team. Any changes from the recipe, such as changes to meet local taste preferences, product, ingredient, and/or supplier substitutions, season of the year, or serving size modifications will change the nutrient content of an item and render the information inaccurate. "+" indicates some vitamin A information is represented in different units of measure based on differences in representing this information in national nutrient databases.